

# 2024 Salomon Trail Marathon Wales

## Overall Results

Place	Bib	Name	Gen	Pos	AgeGroup	Club	Halfway	Chip	Gun	Pace	Gap to Leader
Marathon											
1.	134	Michael Young	M	<b>1</b>	<b>1 / 28 ( MSEN )</b>	WEST CHESHIRE AC	1:35:30	3:07:48	<b>3:09:53</b>	4:30 min/km	--
2.	48	Carl Everall	M	2	2 / 28 ( MSEN )		1:35:27	3:11:10	<b>3:13:15</b>	4:34 min/km	+3:22
3.	49	Bruce Fanshawe	M	3	3 / 28 ( MSEN )	ALDRIDGE RC	1:35:49	3:16:30	<b>3:18:35</b>	4:42 min/km	+8:42
4.	126	Ra Twilley	M	4	4 / 28 ( MSEN )	STROUD DISTRICT AC	1:39:54	3:30:55	<b>3:32:59</b>	5:03 min/km	+23:06
5.	54	David Gray	M	5	5 / 28 ( MSEN )	HORSFORTH HARRIERS	1:46:33	3:36:19	<b>3:38:24</b>	5:10 min/km	+28:31
6.	132	Tony Wood	M	6	6 / 28 ( MSEN )	DENBIGH HARRIERS	1:42:55	3:42:11	<b>3:44:15</b>	5:19 min/km	+34:22
7.	10	Mihai Banzea	M	7	7 / 28 ( MSEN )		1:46:11	3:46:37	<b>3:48:42</b>	5:25 min/km	+38:49
8.	55	Jeremy Gray-Gardner	M	8	8 / 28 ( MSEN )		1:53:12	3:58:01	<b>4:00:08</b>	5:41 min/km	+50:15
9.	116	Andrea Rowlands	F	<b>1</b>	<b>1 / 6 ( F50+ )</b>	ERYRI HARRIERS	1:55:50	3:58:34	<b>4:00:39</b>	5:42 min/km	--
10.	65	Matthew Harrison	M	9	<b>1 / 16 ( M50+ )</b>	OSWESTRY OLYMPIANS	1:58:51	4:02:50	<b>4:04:56</b>	5:48 min/km	+55:03
11.	109	Matt Reed	M	10	2 / 16 ( M50+ )	SHEFFIELD TRIATHLON CLUB	1:59:45	4:11:40	<b>4:13:44</b>	6:01 min/km	+63:51
12.	101	Tom Pope	M	11	<b>1 / 17 ( M40+ )</b>		2:09:09	4:12:19	<b>4:14:27</b>	6:02 min/km	+64:34
13.	96	Peter Mumford	M	12	9 / 28 ( MSEN )		2:05:31	4:13:47	<b>4:15:54</b>	6:04 min/km	+66:01
14.	111	Jim Roberts	M	13	10 / 28 ( MSEN )		2:00:27	4:15:24	<b>4:17:34</b>	6:06 min/km	+67:41
15.	98	Sion O'neil	M	14	3 / 16 ( M50+ )		2:08:02	4:18:47	<b>4:20:56</b>	6:11 min/km	+71:03
16.	97	Ian Ogilvie	M	15	4 / 16 ( M50+ )	BRACKLA HARRIERS	2:05:18	4:20:57	<b>4:23:03</b>	6:14 min/km	+73:10
17.	102	Dave Powell	M	16	<b>1 / 1 ( M60+ )</b>	ABERYSTWYTH AC	2:08:20	4:23:08	<b>4:25:15</b>	6:17 min/km	+75:22
18.	41	Anna Douglas	F	2	<b>1 / 9 ( FSEN )</b>	HUNTINGDONSHIRE AC	2:14:26	4:24:05	<b>4:26:26</b>	6:19 min/km	+25:47
19.	47	Menna Evans	F	3	<b>1 / 7 ( F40+ )</b>		2:15:19	4:25:00	<b>4:27:14</b>	6:20 min/km	+26:35
20.	81	Gavin Jones	M	17	11 / 28 ( MSEN )	MONROSS TRAILBLAZERS	2:11:04	4:27:13	<b>4:29:25</b>	6:23 min/km	+79:32
21.	34	Barry Davies	M	18	2 / 17 ( M40+ )	MONROSS TRAILBLAZERS	2:11:04	4:27:20	<b>4:29:29</b>	6:23 min/km	+79:36
22.	18	Katie Brennan	F	4	2 / 9 ( FSEN )		2:15:01	4:27:32	<b>4:29:50</b>	6:23 min/km	+29:11
23.	64	Charlie Harris	M	19	12 / 28 ( MSEN )		2:13:21	4:29:05	<b>4:31:24</b>	6:26 min/km	+81:31
24.	80	Brian Johnson	M	20	5 / 16 ( M50+ )	CERIST TRIATHLON CLUB	2:10:49	4:28:53	<b>4:31:33</b>	6:26 min/km	+81:40
25.	13	Jon Barnwell	M	21	13 / 28 ( MSEN )	ERYRI HARRIERS	2:09:22	4:30:01	<b>4:32:14</b>	6:27 min/km	+82:21
26.	1	Chris Ainscow	M	22	14 / 28 ( MSEN )		2:11:39	4:35:33	<b>4:37:44</b>	6:35 min/km	+87:51
27.	29	Megan Crane	F	5	3 / 9 ( FSEN )	HERCULES WIMBLEDON AC	2:25:38	4:37:27	<b>4:39:38</b>	6:37 min/km	+38:59
28.	133	Andrew Woolley	M	23	3 / 17 ( M40+ )		2:11:11	4:37:36	<b>4:39:45</b>	6:38 min/km	+89:52

# 2024 Salomon Trail Marathon Wales

## Overall Results

Place	Bib	Name	Gen	Pos	AgeGroup	Club	Halfway	Chip	Gun	Pace	Gap to Leader
29.	38	Jon Dickinson	M	24	4 / 17 ( M40+ )		2:14:24	4:37:47	<b>4:40:06</b>	6:38 min/km	+90:13
30.	84	Paul Killip	M	25	5 / 17 ( M40+ )	VEGAN RUNNERS UK	2:09:20	4:38:44	<b>4:40:51</b>	6:39 min/km	+90:58
31.	58	Conor Gregory	M	26	15 / 28 ( MSEN )		2:12:10	4:38:33	<b>4:41:04</b>	6:39 min/km	+91:11
32.	87	John Mcadam	M	27	16 / 28 ( MSEN )		2:12:10	4:38:33	<b>4:41:04</b>	6:39 min/km	+91:11
33.	45	Rowan Edwards	M	28	17 / 28 ( MSEN )		2:19:31	4:39:30	<b>4:41:42</b>	6:40 min/km	+91:49
34.	20	Jesse Buckland	M	29	18 / 28 ( MSEN )		2:19:32	4:39:30	<b>4:41:42</b>	6:40 min/km	+91:49
35.	83	Robert Kilby	M	30	6 / 17 ( M40+ )		2:13:17	4:40:32	<b>4:42:48</b>	6:42 min/km	+92:55
36.	39	Thomas Dobbins	M	31	19 / 28 ( MSEN )		2:11:34	4:42:06	<b>4:44:29</b>	6:44 min/km	+94:36
37.	57	Paul Green	M	32	6 / 16 ( M50+ )		2:18:20	4:44:59	<b>4:47:14</b>	6:48 min/km	+97:21
38.	46	Sarah Edwards	F	6	4 / 9 ( FSEN )	MEIRIONNYDD RUNNING CLUB	2:19:25	4:45:10	<b>4:47:23</b>	6:48 min/km	+46:44
39.	51	Darren Gallop	M	33	20 / 28 ( MSEN )		2:15:55	4:45:27	<b>4:47:41</b>	6:49 min/km	+97:48
40.	3	Mike Allen	M	34	21 / 28 ( MSEN )		2:17:06	4:49:39	<b>4:51:55</b>	6:55 min/km	+102:02
41.	23	Chris Chapman	M	35	7 / 17 ( M40+ )		2:05:15	4:51:08	<b>4:53:20</b>	6:57 min/km	+103:27
42.	74	Tom Hillidge	M	36	22 / 28 ( MSEN )		2:10:30	4:51:52	<b>4:54:01</b>	6:58 min/km	+104:08
43.	68	Matt Heal	M	37	23 / 28 ( MSEN )		2:30:00	4:52:50	<b>4:55:09</b>	6:59 min/km	+105:16
44.	5	Susan Arnold	F	7	2 / 7 ( F40+ )		2:15:40	4:54:35	<b>4:56:55</b>	7:02 min/km	+56:16
45.	99	Ben Pember	M	38	8 / 17 ( M40+ )		2:18:24	4:58:51	<b>5:01:03</b>	7:08 min/km	+111:10
46.	106	Nigel Reade	M	39	9 / 17 ( M40+ )		2:18:23	4:58:51	<b>5:01:04</b>	7:08 min/km	+111:11
47.	19	David Brock	M	40	7 / 16 ( M50+ )		2:18:27	5:05:51	<b>5:08:00</b>	7:18 min/km	+118:07
48.	26	Clive Colson	M	41	8 / 16 ( M50+ )	FELL RUNNERS ASSOCIATION	2:24:42	5:06:03	<b>5:08:30</b>	7:18 min/km	+118:37
49.	21	Claire Calladine	F	8	3 / 7 ( F40+ )	HATTON DARTS RC	2:26:04	5:09:00	<b>5:11:18</b>	7:22 min/km	+70:39
50.	88	Chris Mewes	M	42	10 / 17 ( M40+ )		2:27:43	5:09:58	<b>5:12:11</b>	7:24 min/km	+122:18
51.	128	Neil Waghorn	M	43	24 / 28 ( MSEN )		2:30:02	5:10:51	<b>5:13:21</b>	7:25 min/km	+123:28
52.	62	Christopher Harness	M	44	11 / 17 ( M40+ )	MONROSS TRAILBLAZERS	2:23:40	5:12:02	<b>5:14:14</b>	7:27 min/km	+124:21
53.	43	James Edwards	M	45	25 / 28 ( MSEN )	BRITISH AIRWAYS AC	2:24:39	5:12:40	<b>5:14:47</b>	7:27 min/km	+124:54
54.	108	Freyja Redmond	F	9	5 / 9 ( FSEN )		2:34:10	5:12:37	<b>5:14:52</b>	7:28 min/km	+74:13
55.	12	Cari Barnwell	F	10	6 / 9 ( FSEN )		2:30:08	5:12:39	<b>5:15:09</b>	7:28 min/km	+74:30
56.	50	Charlie Farrell	M	46	26 / 28 ( MSEN )		2:25:05	5:13:53	<b>5:16:07</b>	7:29 min/km	+126:14
57.	86	Dan Lewis	M	47	27 / 28 ( MSEN )		2:22:43	5:16:51	<b>5:18:59</b>	7:33 min/km	+129:06

# 2024 Salomon Trail Marathon Wales

## Overall Results

Place	Bib	Name	Gen	Pos	AgeGroup	Club	Halfway	Chip	Gun	Pace	Gap to Leader
58.	123	Angela Tegg	F	11	2 / 6 ( F50+ )	WEST CHESHIRE AC	2:35:17	5:18:14	<b>5:20:39</b>	7:36 min/km	+80:00
59.	56	Lewis Green	M	48	12 / 17 ( M40+ )		2:31:22	5:21:04	<b>5:23:29</b>	7:40 min/km	+133:36
60.	75	Stephanie Hilton-Smith	F	12	4 / 7 ( F40+ )		2:31:51	5:21:04	<b>5:23:29</b>	7:40 min/km	+82:50
61.	100	Ryan Pickford	M	49	13 / 17 ( M40+ )		2:35:40	5:26:05	<b>5:28:15</b>	7:47 min/km	+138:22
62.	8	Mark Austin	M	50	9 / 16 ( M50+ )	HOLCOMBE HARRIERS	2:33:20	5:27:47	<b>5:30:14</b>	7:49 min/km	+140:21
63.	14	Rebecca Bevan	F	13	5 / 7 ( F40+ )		2:38:03	5:31:38	<b>5:33:59</b>	7:55 min/km	+93:20
64.	33	Faye Davey	F	14	6 / 7 ( F40+ )		2:51:46	5:36:14	<b>5:38:25</b>	8:01 min/km	+97:46
65.	32	Liam Daniel	M	51	14 / 17 ( M40+ )		2:42:52	5:36:27	<b>5:38:47</b>	8:02 min/km	+148:54
66.	89	Ben Mirza`	M	52	15 / 17 ( M40+ )		2:42:52	5:36:27	<b>5:38:48</b>	8:02 min/km	+148:55
67.	11	Fiona Barnes	F	15	3 / 6 ( F50+ )	ALMOST ATHLETES	2:46:13	5:38:56	<b>5:41:25</b>	8:05 min/km	+100:46
68.	130	Mark Willicott	M	53	10 / 16 ( M50+ )		2:46:11	5:38:55	<b>5:41:25</b>	8:05 min/km	+151:32
69.	37	Luke Davies	M	54	28 / 28 ( MSEN )		2:26:01	5:40:22	<b>5:42:32</b>	8:07 min/km	+152:39
70.	6	Jean Ashley	F	16	<b>1 / 1 ( F60+ )</b>	MEIRIONNYDD RUNNING CLUB	2:40:26	5:41:35	<b>5:43:48</b>	8:09 min/km	+103:09
71.	112	Peter Roberts	M	55	11 / 16 ( M50+ )	LONELY GOAT RC	2:36:13	5:44:13	<b>5:46:29</b>	8:13 min/km	+156:36
72.	66	Lee Haynes	M	56	12 / 16 ( M50+ )		2:54:59	5:58:23	<b>6:00:35</b>	8:33 min/km	+170:42
73.	118	Ursula Schulz	F	17	4 / 6 ( F50+ )	HEADINGTON RRC	2:59:53	6:01:24	<b>6:03:46</b>	8:37 min/km	+123:07
74.	25	Biddy Cole	F	18	5 / 6 ( F50+ )	MERCIA FELL RC	2:53:06	6:05:27	<b>6:07:49</b>	8:43 min/km	+127:10
75.	4	Mark Almond	M	57	13 / 16 ( M50+ )		2:46:56	6:09:53	<b>6:12:20</b>	8:49 min/km	+182:27
76.	7	Seren Medi Ashton	F	19	7 / 7 ( F40+ )		2:56:21	6:15:03	<b>6:17:20</b>	8:56 min/km	+136:41
77.	9	Ainsley Baker	M	58	14 / 16 ( M50+ )		2:51:59	6:19:41	<b>6:22:04</b>	9:03 min/km	+192:11
78.	15	Michelle Bird	F	20	6 / 6 ( F50+ )	100 MARATHON CLUB	2:54:49	6:22:58	<b>6:25:24</b>	9:08 min/km	+144:45
79.	40	Gareth Donovan	M	59	15 / 16 ( M50+ )		2:55:07	6:25:47	<b>6:28:11</b>	9:12 min/km	+198:18
80.	124	Timea Toth	F	21	7 / 9 ( FSEN )		3:11:33	6:26:33	<b>6:29:04</b>	9:13 min/km	+148:25
81.	22	Martin Cave	M	60	16 / 16 ( M50+ )		2:56:21	6:35:46	<b>6:38:15</b>	9:26 min/km	+208:22
82.	120	Alex Taylor	M	61	16 / 17 ( M40+ )		3:12:40	6:48:02	<b>6:50:16</b>	9:43 min/km	+220:23
83.	95	Lucy Mugford	F	22	8 / 9 ( FSEN )		3:39:48	7:05:58	<b>7:08:21</b>	10:09 min/km	+187:42
84.	94	Laura Mugford	F	23	9 / 9 ( FSEN )		3:39:48	7:05:57	<b>7:08:21</b>	10:09 min/km	+187:42
85.	2	Matthew Alden	M	62	17 / 17 ( M40+ )		3:46:37	7:15:33	<b>7:18:01</b>	10:23 min/km	+248:08
86.	136	Nickie Jones	F	24	7 / 6 ( F50+ )		3:47:22	7:18:11	<b>7:18:11</b>	10:23 min/km	+197:32

## 2024 Salomon Trail Marathon Wales

### Overall Results

---

Place	Bib	Name	Gen	Pos	AgeGroup	Club	Halfway	Chip	Gun	Pace	Gap to Leader
-------	-----	------	-----	-----	----------	------	---------	------	-----	------	---------------

---

Number of records: 86